| Full Name: | Email: | | | | | |
|---|---|--|---|--|--|--|
| Telephone: () | | | Age: | | | |
| Height: Weight: | | | 0 - | | | |
| Unique Identifiers (tattoo, birthmark, etc.): | | | | | | |
| Calvin Address: | City: | State: | Zip: | | | |
| Home Address: | City: | State: | Zip: | | | |
| | mary Care Physician: Email: Primary Care Telephone: (| | | | | |
| Health Insurance Co: | Policy #: | Policy #: | | | | |
| Group #: | Policyholder Name: | | | | | |
| I understand Calvin University does not provid Calvin University or its designated person to se not available to make a decision regarding such such medical attention and it is understood that the local emergency health care system to pro- | ecure medical attention for me if a medical attention. This consent s at such persons might not be traine | any such person dee hall not impose any | ems necessary if I am obligation to provide | | | |
| Participant Signature: | | Date: | | | | |
| Participant's Name: | | | | | | |
| Trin Name: | | | | | | |

Personal Health and Medical History
Following information is requested so team can better meet the physical, intellectual, and emotional needs. Medical information will remain confidential and will not be released except all lowed by law.

| First Name | Last Name M | | | DOB | | | | | |
|---|---------------------------------------|---|------------|-------------|------------------|--|--|--|--|
| Street Address | City, State, ZIP PI | | | Phone Phone | | | | | |
| <u> </u> | <u> </u> | <u>- 110110</u> | | | | | | | |
| GENERAL HEALTH | | | | | | | | | |
| Identify pertinent medical history including current, recent or historical injuries, illnesses or medical procedures: | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| Past or current health conditions impacting your abilit | ry to perform daily tasks, mile | age, or moderate-high int | ensity phy | sical act | <u>:ivities:</u> | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| PHYSICAL FITNESS | | | | | | | | | |
| Do you exercise at least 2 to 3 times a week? | | | Ye | ·S | No | | | | |
| Activity Frequency Distance / Duration | | | | | Intensity | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| MENTAL HEALTH (If uncomfortable providing details in writ | ing for this section, please advise/d | iscuss in person with your leade | r) | | | | | | |
| Currently in the care of a therapist or mental health sp | | ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,, | Ye | :S | No | | | | |
| Provide any, all mental health information about which | | us aware: | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| MEDICATION and PRESCRIPTIONS | | | | | | | | | |
| In the past six (6) months, are you currently taking- or | | | ation? Ye | | No | | | | |
| Medication Name | Dosage | Frequency | | Intensi | ity | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | · | | | | | | | | |
| | | | | | | | | | |

Personal Health and Medical History

| | YES | NO | | | | YES | NC |
|--|---|--------------------|-------------------------|--|----------------|-------|-----|
| Altitude Sickness | | | Hepatitis | or Liver Disorder | | | |
| Back or Neck Pain | | | Hernia | | | | |
| Blood or Bleeding Disorder | | | High or L | ow Blood Pressure | | | |
| Broken Bones | | Hypertension | | | | | |
| Common Athletic Injuries (sprain, strain, etc) | | | Kidney Co | ondition | | | |
| Diabetes (Type I or II) | | Menstrual Concerns | | | | | |
| Dizziness / Fainting | | | | | | | |
| Gastrointestinal / Digestive | | | | | | | |
| Head Injury / Traumatic Brain Injury | | | Respiratory | | | | |
| Hearing Impairment | | | Seizures | | | | |
| Heart Condition | | | Skin Issue | es (fair/sensitive, eczema, dry, hives, etc) | | | |
| Heat Illness or Frostbite | | | Vision Im | pairment (including use of glasses or co | ntacts) | | |
| Other (i.e. future medical procedures, sleep disorders, etc): | | | | | | | |
| ALLEDGIES INTOLLEDANCE OF DEACTIONS | | | | | | | |
| ALLERGIES, INTOLLERANCE or REACTIONS | /p !!! p | | | | | | |
| Allergy Type Describe Reaction | n / Boully R | espo | nse | Treatment | Preven | lion | |
| | | | | | | | |
| ı | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| IETARY NEEDS | | | | | | | |
| | | | | | Yes | No | |
| Will you be providing your own food? | | | | | Yes | No | |
| DIETARY NEEDS Will you be providing your own food? List and describe special dietary needs: | | | | | Yes | No | |
| Will you be providing your own food? | | | | | Yes | No |) |
| Will you be providing your own food? | | | | | Yes | No |) |
| Will you be providing your own food? | | | | | Yes | No |) |
| Will you be providing your own food? | | | | | Yes | No |) |
| Will you be providing your own food? List and describe special dietary needs: | | | DEDSON | AL HEALTH INCLIDANCE. | Yes | No |) |
| Will you be providing your own food? List and describe special dietary needs: MEDICAL EMERGENCY CARE AUTHORIZATION: | secure medi | ical I | | AL HEALTH INSURANCE: | | | |
| Will you be providing your own food? List and describe special dietary needs: MEDICAL EMERGENCY CARE AUTHORIZATION: authorize Calvin University or its designated person to second | | | understand | | ide medical ir | surar | nce |
| Will you be providing your own food? List and describe special dietary needs: MEDICAL EMERGENCY CARE AUTHORIZATION: authorize Calvin University or its designated person to stention if any such person deems necessary if I am not avail decision regarding such medical attention. This consent she | ailable to ma | ake pose h | understand rogram pa | d Calvin University does not proving a confirm I are | ide medical ir | surar | nce |
| Will you be providing your own food? List and describe special dietary needs: MEDICAL EMERGENCY CARE AUTHORIZATION: authorize Calvin University or its designated person to set tention if any such person deems necessary if I am not avail decision regarding such medical attention. This consent shiny obligation to provide such medical attention and it is university. | ailable to ma hall not impo nderstood t | ake pose h | understand rogram pa | d Calvin University does not proving a confirm I are | ide medical ir | surar | nce |
| Will you be providing your own food? <u>List and describe special dietary needs</u> : | ailable to ma hall not impo nderstood the ereby author | ake pose h | understand rogram pa | d Calvin University does not proving a confirm I are | ide medical ir | surar | nce |

ASSUMPTION OF RISK RELEASE and WAIVER OF LIABILITY

I hereby release, waive, discharge and covenant not to sue Calvin University, its affiliates, officers, directors, employees, shareholders, members, representatives, attorneys, successors and assigns, or other participants (collectively, "Releasees") from all liability to me, my heirs, executors, representatives, successors and assigns for any and all loss or damage, and any claim or demands thereof on account of injury to the person or property of, or resulting in death of me while I attend Calvin University's Wilderness Trip ("Program") and any activities incidental thereto and whether caused by the negligence of the Releasees or otherwise.

I hereby agree to indemnify and hold harmless the Releasees from any loss, liability, damage, or cost of any and all kind they may incur due to my participation in the Program and any activities incidental thereto, whether caused by the negligence of the Releasees or otherwise.

I acknowledge, understand, and assume all risks and any activities incidental thereto which can result in great bodily harm or death, disability, paralysis, and/or other damage even under well-controlled circumstances. I have full knowledge of these risks despite the existence of rules, regulations, equipment and discipline. I accept all of these risks and any risks or dangers not known or which are not reasonably foreseeable, and I will not hold responsible Releasees for injuries or damages resulting from my participation in these activities, wherever or however they occur.

I expressly agree that this Release is intended to be as broad and inclusive as is permitted by the law of the State of Michigan and that if any portion is held invalid, it is agreed that the balance shall continue in full legal force and effect. By signing this Release, I acknowledge that this Release has been freely and voluntarily made after careful review of all of the terms and provisions of this Release and agree that this Release shall not be subject to recession or nullification at any time hereafter. I further agree that no oral representations, statements and inducements apart from this Release have been made regarding liability.

| Participant Signature: | Date: | |
|------------------------|-----------|--|
| Participant's Name: | | |
| Trip Name: | | |
| | | |

PHOTOGRAPH and LIKENESS RELEASE

I hereby permit and authorize Calvin University and its employees, agents, and personnel to use in perpetuity my photograph or other likeness for any purpose, including publicity, marketing, and promotional purposes. I understand such photograph or likeness may be copied and distributed by means of various media, including video presentations, television, mailers, billboards or signs, brochures, placement on websites, or newspapers. I understand that, although Calvin University will endeavor to use any such photograph or likeness in accordance with standards of good judgment, Calvin University cannot warranty or guarantee that any further dissemination of such photograph or likeness will be subject to Calvin University supervision or control.

| | Yes, I release (likeness | Calvin University fro | m any and all | l liability | related to | usage o | r dissemination | of my photogr | aph or |
|--|------------------------------|-----------------------|-----------------|-------------|------------|---------|-----------------|---------------|--------|
| | No, I do not pe | ermit nor authorize C | alvin Universit | ty to use | or dissemi | nate my | photograph or | likeness | |